



# Medi-Cal

**Medi-Cal** provides free or low cost health insurance to eligible adults, children and seniors.

## Who can benefit from Medi-Cal?

- Under 21 years of age
- Over 65 years of age
- Blind
- Disabled
- Parents of children under 21
- A pregnant woman
- In a skilled nursing or long-term facility
- Receiving SSI/SSP or CalWORKs
- Those who meet income and resource guidelines

## What else should I know?

- If you have a medical emergency, you can ask your worker to process your case right away.
- You can apply for Medi-Cal even if you have another type of insurance.
- In some cases, Medi-Cal can help pay for Medicare premiums.
- Applications are usually processed in 45 days (90 days for disability applications). If you have an emergency, we may be able to help you right away.



## Human Services Agency

*Inspiring Individuals...Empowering Communities...* 1-800-223-8383 • [www.smchsa.org](http://www.smchsa.org)

SERVICES ARE FREE • MULTILINGUAL STAFF • SERVICES LOCATED THROUGHOUT THE COUNTY

**How do I apply or learn more?** Visit [www.benefitscalwin.org](http://www.benefitscalwin.org) or download an application from: [www.dhcs.ca.gov/services/medi-cal/pages/medicalapplications.aspx](http://www.dhcs.ca.gov/services/medi-cal/pages/medicalapplications.aspx) and mail it to a Human Services Agency Office or contact our staff at:

## HUMAN SERVICES AGENCY OFFICES

Human Services Agency  
PeninsulaWorks  
271 - 92nd Street  
Daly City, CA 94015  
(650) 301-8440

Human Services Agency  
1487 Huntington Avenue  
South San Francisco, CA 94080  
(650) 877-5608

Human Services Agency  
550 Quarry Road  
San Carlos, CA 94070  
(650) 596-3299

Human Services Agency  
2500 Middlefield Road  
Redwood City, CA 94063  
(650) 599-3811

Human Services Agency  
2415 University Avenue  
East Palo Alto, CA 94303  
(650) 363-4175

## CLINICS AND MEDICAL CENTERS

Daly City Youth Clinic  
2780 Junipero Serra Boulevard  
Daly City  
(650) 985-7000

Mike Nevin Health Clinic  
380 - 90th Street  
Daly City  
(650) 301-8600

Seton Medical Center  
1900 Sullivan Avenue  
Daly City  
(650) 992-4000  
By appointment only

South San Francisco Clinic  
306 Spruce Avenue  
South San Francisco  
(650) 877-7070  
By appointment only

San Mateo Medical Center  
222 - 39th Avenue  
San Mateo  
(650) 573-2349

Coastside Family Medical Center  
225 S. Cabrillo Highway  
Half Moon Bay  
(650) 573-3941

Sequoia Teen Wellness Center  
200 James Avenue  
Redwood City  
(650) 366-2927

Fair Oaks Family Health Center  
2710 Middlefield Road  
Redwood City  
(650) 364-6010

## COMMUNITY-BASED ORGANIZATIONS

Puente de la Costa Sur  
620 North Street  
Pescadero  
(650) 879-1691  
By appointment only

Samaritan House  
4031 Pacific Boulevard  
San Mateo  
(650) 347-3648

**It will be easier to process your application if you have the following ready:**

- Identification**  
Driver's license,  
California ID card, passport,  
birth certificates or proof  
of immigration status
- Proof of residency**  
Rent or mortgage receipt  
or utility bill
- Proof of income**  
Pay stubs, Social Security  
award letter, child support  
and alimony, unemployment/  
disability stubs or veterans  
benefits
- Resources**  
Checking and savings account  
statements, savings bonds,  
stock certificates or  
retirement accounts

*The information in this document is for reference only. Speak to a staff person for the most up-to-date information.*

---

## Any other questions?

- Call 211 to connect with community services near you for food, shelter, job services, child care, senior services, counseling and much, much more. To use the services just dial "211"
- To learn more about employment services and training visit [www.PeninsulaWorks.org](http://www.PeninsulaWorks.org)
- Call the multilingual San Mateo County Food Connection Hotline 1-800-984-3663 to apply for CalFresh (Food Stamps) and receive emergency food